

## Dictamus Tea



15 gr. From the White Mountains of Crete

Rating: Not Rated Yet

**Price:**

Variant price modifier:

Base price with tax: 6,40 €

Price with discount: 5,98 €

Salesprice with discount:

Sales price: 6,40 €

Sales price without tax: 5,98 €

Discount:

Tax amount: 0,42 €

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### Description

Origanum dictamnus, also known as Dictamus or "Erontas" in local Cretan dialect, was known in the ancient Greeks which they considered as the "herb of love". The dictamus grows wild exclusively on the mountains and canyons of Crete. It creates an excellent drink with delicious aroma and taste.

{tip Please note::The information on the medicinal properties of herbs and diseases, which are contained in this site, originate from folk habits and traditions, speculations passed on from one generation to the next, and have not been studied scientifically in depth

**THEY ARE NOT MEDICAL ADVICE,  
PRESCRIPTION OR SUSPENSION OF MEDICINAL TREATMENT.**

Use the herbs in moderation since according to the individual's system some herbs can cause side effects or interact with other medicinal products and it is not recommended to replace medicine

with the use of any herb.

For any disease and treatment

YOU MUST ALWAYS CONSULT WITH YOUR PHYSICIAN!}How to use:{/tip} Dittany has antiseptic, stimulating and anti-spasmodic action. It is used to heal wounds, to sooth the digestive tract, as well as against the flu and colds. It has spasmolytic action and it contributes to the prevention and treatment of circulatory and cardiac problems, it soothes headaches, and stomach disorders, toothaches and abscesses. It also possesses anti diabetic, emmenagogue but also aphrodisiac action. Put one tablespoon of Dictamus in 150-200 gr. boiling water, leave 7-8 minutes, strain, add some honey if you wish, and enjoy!