

## Lemon grass



20 gr. From the White Mountains of Crete

Rating: Not Rated Yet

**Price:**

Variant price modifier:

Base price with tax: 6,40 €

Price with discount: 5,98 €

Salesprice with discount:

Sales price: 6,40 €

Sales price without tax: 5,98 €

Discount:

Tax amount: 0,42 €

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### Description

Lemon Grass: A very popular herb in Asia. It is widely used in cooking giving out a very distinctive aroma of lemon as well as special taste and flavor to soups, salads, vegetables, seafood and meat. Either alone or combined with other herbs, lemon grass creates a drink with wonderful lemon taste and aroma.

{tip Please note::The information on the medicinal properties of herbs and diseases, which are contained in this site, originate from folk habits and traditions, speculations passed on from one generation to the next, and have not been studied scientifically in depth

THEY ARE NOT MEDICAL ADVICE,  
PRESCRIPTION OR SUSPENSION OF MEDICINAL TREATMENT.

Use the herbs in moderation since according to the individual's system some herbs can cause side effects or interact with other medicinal products and it is not recommended to replace medicine

## Herbs from Crete : Lemon grass

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with the use of any herb.

For any disease and treatment

YOU MUST ALWAYS CONSULT WITH YOUR PHYSICIAN!}How to use:{/tip} It is considered diuretic, stimulating and stimulant. It helps digestion and the removal of toxins from the body. Put one tablespoon of Lemon Grass in 150-200 gr. boiling water, leave 7-8 minutes, strain, add some honey if you wish, and enjoy!